

# Dana Harron, PsyD

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## CREDENTIALS

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Licensed as Psychologist in the Commonwealth of Virginia, 2014  
# 0810005001

Licensed as Psychologist in the District of Columbia, 2013  
#PSY1000898

Licensed as Psychologist in State of Delaware, 2012  
#B1-0000937

Licensed as Psychologist in Commonwealth of Pennsylvania, 2012  
#PS017242 (currently inactive)

Certified as School Psychologist in Commonwealth of Pennsylvania, 2011  
#8134796 (currently inactive)

## EDUCATION

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### *PsyD, Clinical Psychology*

2011 Widener University Chester, PA

- Recipient of Clinical Psychology Award for Empathy and Caring, 2011
- Dissertation: A Pre-Post Pilot Study of Art Therapy for Elementary School-Aged Children with Trauma Histories
- Recipient of Neubauer Family Scholarship, 2005-2011
  - This competitive scholarship eases the financial burden of graduate school by eighty percent and is based upon scholarship as well as participation in community outreach

### *Master of Arts, Clinical Psychology*

2009 Widener University Chester, PA

### *Bachelor's Degree, Psychology with Concentration in Art Therapy*

2005 College of Santa Fe Santa Fe, NM

## CLINICAL EXPERIENCE

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*11/13-current Associate Clinical Professor of Clinical Psychology , George Washington University, Washington DC*

- Clinical supervision of individual and couples' psychotherapy focusing on integration of object relations, self, attachment-focused and relational approaches to psychodynamic psychotherapy
- Training of students with diverse educational and professional needs, including professional identity issues, ethical concerns, and beginning therapists.

*8/13-current Independent Practice*

*Washington DC*

- Individual psychotherapy based upon an integrative model utilizing a primarily psychodynamic conceptualization as well as techniques drawn from CBT, experiential, acceptance and commitment, and mindfulness practices.
- Work with a diversity of concerns including anxiety, trauma, attachment disturbances, Axis II pathology and eating disorders.
- Psychoeducational and psychological assessment to determine educational and treatment recommendations in an academic setting

*10/12-8/13 Independent Practice*

*Philadelphia PA*

- Psychodynamically informed individual psychotherapy focusing disordered eating, anxiety, and separation/individuation in a young adult population
- Contract work with local charter and private schools to produce comprehensive Evaluation Reports and Re-evaluation reports
- Independent psychological and psychoeducational evaluations
- Private school admissions testing

*5/13-8/13 K2 Staff Psychologist, Delaware Psychiatric Center*

*New Castle DE*

- Co-leadership of treatment team for acute unit of Delaware's only state mental health facility
- Development and implementation of treatment plans for all clients
- Sole psychologist for this 20 bed unit
- Education, supervision and training of practicum and intern students
- Individual psychotherapy with individuals with severe and persistent mental illness
- Successful development and implementation of behavior plans leading to the extinction of extreme behaviors such as self-harm and the swallowing of foreign objects
- De-escalation of clients with acute psychosis and profound disorientation
- Crisis management to address psychiatric emergencies, medical emergencies and client elopement

*8/12-6/13 S1 Staff Psychologist, Delaware Psychiatric Center*

*New Castle DE*

- Co-leadership of treatment team for sub-acute wing of Delaware's only state mental health facility
- Development and implementation of treatment plans for all clients
- Sole psychologist for this 30 bed unit
- Oversight of successful discharge of several clients who had been at the facility for over twenty years, eventually allowing for the closing of the sub-acute unit
- Supervision and training of practicum and intern students

- Individual psychotherapy with individuals with severe and persistent mental illness
- Provision of process-oriented group psychotherapy for individuals with a recent history of suicidal behavior

*8/11-8/12 Post-Doctoral Fellow, Tuttleman Counseling Center, Temple University Philadelphia PA*

- Individual psychodynamic therapy, ranging from extremely brief treatment to year-long psychotherapy, with college students dealing with a wide variety of issues
- Specialization in working with students who are entering into recovery from eating disorders and disordered eating
- Work with a population that is highly diverse in areas such as race and ethnicity (including several international students), socioeconomic status, sexual/affectual orientation, and gender identification
- Management of caseload consisting of three new clients per week and two days per week primarily dedicated to “Walk-in-Clinic”
- Assessment of risk, crisis intervention and management for over 200 students through Walk-in-Clinic services
- Hospitalization of students who are having difficulty remaining safe through voluntary procedures and involuntary procedures
- Coordination of care with students, families, psychiatric staff, university services, and community providers
- Development and implementation of process-oriented group for women addressing issues surrounding eating disorders and disordered eating
- Participation in Crisis Incident Stress Management team to immediately address traumatic community experiences
- Supervision responsibilities

*7/11-8/12 Group Therapist, The Renfrew Center Philadelphia PA*

- Facilitation of process-oriented groups intended to foster communication and discussion among women and girls with eating disorders on topics such as anger, trauma, and shame in an inpatient setting
- Provision of psycho-educational groups on topics such as common family dynamics, interpersonal skills, DBT skills, and relapse prevention in this setting

*7/10-7/11 Doctoral Intern, The Renfrew Center Philadelphia PA*

- Intensive individual and family therapy (1.5 hours individual therapy and 1 hour family therapy weekly per client) in an inpatient setting for adolescents and young adults with eating disorders
- Work to assist women in advocating for their needs in family therapy and engage with their families as positive source of support
- Coordination of care on an interdisciplinary team including aspects of treatment such as psychological well-being, medical status, potential psychiatric needs, nutrition management and discharge planning
- Leadership of Dialectical Behavior Therapy skills group
- Leadership of two groups addressing drug and alcohol comorbidity, one meant to accommodate women interested in exploring the impact substances have had upon their lives and one for women actively seeking help in this area
- Supervision responsibilities

7/09-7/10 *Doctoral Intern, Belmont Center for Comprehensive Treatment* Philadelphia PA

- Individual outpatient therapy with children, adolescents, adults, couples and families
- Work with a population struggling with issues of poverty and other sociopolitical disadvantage in this community health setting
- Development of curriculum and co-facilitation of social skills group for children, ages seven through ten, with difficulties in this area
- Psychological assessment

9/08 – 5/09 *Doctoral Extern, School District of Philadelphia* Philadelphia PA

- Assessment of students to determine possible need for specialized instruction
- Integration of testing results into comprehensive psychoeducational reports
- Consultation with teachers regarding behavioral, cognitive and emotionally based interventions with students
- Service on IEP teams consisting of students, families, and diverse educators and professionals to coordinate educational services

9/07- 5/08 *Doctoral Extern, Keystone Drug and Alcohol Recovery Center* Chester PA

- Individual therapy based upon motivational interviewing and cognitive behavioral therapy in an inpatient setting
- Creation and leadership of a psychoeducational curriculum concerning substance abuse and comorbid affective disorders, the use of which was retained by the facility after my departure
- Service on interdisciplinary team consisting of clients, families, and medical and mental health professionals to ensure coordination of care

9/06 – 5/07 *Doctoral Extern, Widener Partnership Charter School* Chester PA

- Individual therapy with elementary-school aged children
- Work with diverse professionals on Multidisciplinary Team to identify children in need of psychological intervention and determine level and type of intervention
- Facilitation of “Families Together”, a psychoeducational group for adults on the topic of psychologically mindful parenting.
- Implementation of Interpersonal Cognitive Problem Solving program, a curriculum focusing on social skills and cognitive development

1/05-5/05 *Extern, Helping Hands Adult Day Care Center, Santa Fe NM*

- Individual and group art-based therapy for elder adults
- Work with a highly diverse geriatric population, ranging from typically aging adults to those living with neurological degenerative disorders

#### OTHER RELATED WORK EXPERIENCE

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9/07-9/09 *Clinical Research Assistant, University of Pennsylvania, Philadelphia PA*

- Communication with potential subjects to ensure receipt of all information necessary in order to provide informed consent before participating in research activity
- Assessment of ability to provide informed consent
- Screening of potential subjects for eligibility into a variety of research studies
- Continued in-depth knowledge of the methodology and implementation of several research studies related to sleep and sleep disorders

5/08-8/08 *Group Counselor, Summer Therapeutic Activities Program, Child Guidance Resource Center, Havertown PA*

- Leadership of group therapeutic activities for children in need of emotional support
- Provision of one on one counseling when needed
- Selection and implementation of therapeutically based curriculum for free periods

9/05-8/06 *Medicaid Service Coordinator, Cardinal McCloskey Services, White Plains NY*

- Provision and coordination of services for adults with developmental disabilities to ensure congruence of goals in diverse settings
- Integration of input from clients, families and diverse professionals in determination of goals on Individualized Service Plan
- Collaboration with clients and families to determine need for specialized services such as speech therapy, occupational therapy and psychotherapy

7/02-8/02, 6/03-8/03, 6/04-8/04 *Clinical Record Review and Maintenance Coordinator, Cardinal McCloskey Services, White Plains NY*

- Inspection of clinical records for currency, accuracy and compliance with HIPAA standards
- Proper disposal of outdated clinical material

2/01-7/01 *Special Needs Teacher's Aide, Central Speech and Pathology, White Plains NY*

- Provision of one-on-one support for a child living with Asperger's syndrome in an integrated classroom
- Teaching assistance in a classroom for children living with autism-spectrum disorders
- Training and some experience in Applied Behavior Analysis

## PROFESSIONAL PRESENTATIONS

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- Harron, D. (2015, November). *Mental Health in the Medical Setting*. One Medical Group, Washington, DC.
- Harron, D. (2015, March). *Eating Disorders*. Guest lecture given for Abnormal Psychology 101 of American University, Washington, DC.
- Harron, D. (2015, February). *Stress in teenagers*. Walter Johnson High School Health and Wellness Summit, Bethesda, MD.
- Harron, D. (2015, January). *Success in private practice*. Panel Participation at George Washington University Professional Psychology Program in Washington, DC.
- Harron, D. (2013, March 3). *Art as therapy*. Continuing Education lecture given for Child Development Study Group of the Philadelphia Society for Psychoanalytical Psychology, Philadelphia, PA.
- Odell, D. (2012, March). *Eating disorders in the clinical interview*. Guest lecture given for Interviewing Techniques at Temple University, Philadelphia PA.
- Odell, D. (2012, March). *Eating disorders: Diagnosis and treatment*. Guest lecture given for Counseling Psychology at Temple University, Philadelphia, PA.
- Odell, D. (2012, Feb). *Career paths in psychology*. Guest lecture given for Capstone in Psychology at Temple University, Philadelphia, PA.

- Odell, D. & Brabender, B. (2011, August). *A pre-post study of art therapy for elementary school aged children with trauma histories*. Poster session presented at the annual meeting of the American Psychological Association, Washington D.C.
- Odell, D. (Speaker). (2010, March 27). Family therapy: A clinical perspective [Radio series episode] in J. Hart (Producer), *PsyCast*. Chester, PA: WDNR Radio.
- Odell, D. (2010, April). *Dialectical behavior therapy: Applications in clinical practice*. Guest lecture Institute for Graduate Clinical Psychology at Widener University, Chester, PA.
- Odell, D., Brabender, V., & Boyer, B. (2009, October). *Art therapy for children with trauma histories: A retrospective analysis*. Poster session presented at the annual meeting of the Delaware Psychological Association, Newark, DE.
- Odell, D. (2009, December). *ADHD: A diagnostic dilemma*. Guest lecture given for first year class of Institute for Graduate Clinical Psychology at Widener University, Chester, PA.
- Odell, D. & Calvert-Hirt, P. (2009, December). *Stress management seminar: Feel better, think better*. Workshop offered at Widener Law School, Wilmington, DE., and videoconferenced with Widener University, Harrisburg, PA.
- Odell, D. & Boyer, B. (2009, June). *A pre-post study of art therapy for school-aged children with trauma histories*. Poster session presented at the annual meeting of the Pennsylvania Psychological Association, Harrisburg, PA.

#### PROFESSIONAL AFFILIATIONS

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- American Psychological Association
- National Register for Health Service Psychologists
- National Eating Disorders Association
- Maryland Eating Disorders Network
- Maryland Psychological Association
- Washington DC Psychological Association
- Washington Society for Psychiatry
- Washington Society for the Study of Eating Disorders