

Telehealth Eating Disorders Therapist/Psychologist

Monarch Wellness & Psychotherapy is a boutique, fee-for-service psychotherapy practice. We specialize in working with people who have eating disorders, trauma, and anxiety. At Monarch, we highly value authenticity, community, collaborative care and a comprehensive approach to wellness.

We are seeking a candidate who is self-motivated, genuinely passionate this work, community-minded, self-reflective and self-aware. Eating disorders experience is a must, and experience in working with people who have trauma is also highly valued. Although this position is telehealth, a current and valid license to practice independently in either Virginia or Maryland is required.

This position is a **full-time**, 1099 contractor telehealth position with a potential for in-person services in the future if desired. There is a six-month probationary period.

Monarch endeavors to provide a balance between honoring a clinician's independence and providing a supportive structure. Provided you are able to meet with your clients, **you are able to set your own schedule**. We offer a highly competitive rate.

Therapist Job Requirements:

- Current and valid **license to practice independently in the states of Virginia or Maryland** as a psychologist, social worker, LPC or other mental health professional
- At least one year of experience working with people who have eating disorders
- At least two years of experience providing psychotherapy
- Reliable internet connection and private, soundproofed space to conduct psychotherapy

Responsibilities:

- Provide individual, couples, family, and/or group psychotherapy over telehealth
- Maintain a caseload of approximately 25 sessions weekly
- Demonstrate appropriate and professional demeanor
- Create thorough and timely records of patient meetings and progress.
- Establish emotional safety and interpersonal connection with clients
- Engage in weekly team meetings to provide and receive support from other clinicians
- Write two to three blog posts per year on topics related to your expertise
- Provide occasional crisis management with the support and direction of the team
- Refer patients to outside specialists or agencies when necessary
- Engage in ongoing collaborative care with physicians, dieticians, and other health professionals
- Follow all HIPAA and confidentiality protocols
- Contribute to practice by accomplishing related tasks as needed

- Attend occasional work-related functions such as trainings and community-building outings

Therapist Qualifications/Skills:

- Self-reflection (personal therapy is not required, but strongly encouraged)
- Genuine compassion and empathy
- Ability to form rapport and establish emotional connection
- Capacity to balance authenticity and vulnerability with appropriate boundaries
- Collegiality and community-mindedness
- Strong written and verbal communication skills
- Collegiality and community-mindedness
- Conscientiousness and detail orientation
- Organization, scheduling and time management skills
- Strong knowledge base regarding eating disorders

If you are interested in this job, please send a CV and cover letter describing why you think you'd be a good fit for our practice, both in pdf format, to reachout@monarchwellness.com. We are conducting a multi-stage interview process consisting of a phone screening, an individual interview and a panel interview and we will reach out shortly to schedule if we seem to be a good fit.